













































































Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwiches	Yummy Puddings
W1 6th November 27th November 18th December 22nd January 12th February	Mon	Big Breakfast 	Veggie Big Breakfast 	Hash Browns or Potato Waffle	Baked Beans or Spaghetti Hoops 	Jacket Potato with Cheese and Beans 	Ham or Cheese Sandwich*** 	Flapjack with Winter Berries 
	Tue	Mild Chilli Tacos 	Mild Quorn Tacos 	Rice	Carrots and Sweetcorn	Egg Mayo Wrap *** 	Ham or Cheese Sandwich*** 	Banana Bread 
	Wed	Roast Chicken with Gravy	Vegan Fillet with Gravy 	Roast Potatoes and Yorkshire Pudding 	Broccoli and Carrots	Cheese and Bean Quesadilla *** 	Ham or Cheese Sandwich*** 	Apple Crumble and Custard 
	Thu	Macaroni Cheese 	Pasta with Puttanesca Sauce with or without Cheese 	Garlic Bread **&*** 	Mixed Vegetables	Jacket Potato with Tuna Mayo or Cheese 	Ham or Cheese Sandwich*** 	Victoria Slice 
	Fri	Fishcake 	Vegan Sausage Roll 	Chips	Baked Beans or Mushy Peas	Sausage Roll * 	Ham or Cheese Sandwich*** 	Milkshake and Cookie *&*** 
W2 13th November 4th December 8th January 29th January	Mon	Chicken Bites with Noodles and Sweet and Sour Sauce 	Vegan Bites with Noodles and Sweet and Sour Sauce 	Rice	Broccoli and Sweetcorn	Tuna Pasta Bake 	Ham or Cheese Sandwich*** 	Syrup Sponge with Custard 
	Tue	Butter Chicken Curry 	Quorn Tikka Masala 	Rice and Naan Bread *** 	Mixed Vegetables	Jacket Potato with Spaghetti Hoops or Beans 	Ham or Cheese Sandwich*** 	Creamy Rice Pudding 
	Wed	Braised Beef with Gravy	Vegan Fillet with Gravy 	Mashed Potatoes and Yorkshire Pudding 	Broccoli or Cauliflower and Carrots	Egg Fried Rice with Spring Rolls 	Ham or Cheese Sandwich*** 	Chocolate Beet Brownie 
	Thu	Cheese and Tomato Pizza 	Pasta with Tomato Sauce with or without Cheese 	Potato Wedges	Peas and Sweetcorn	Jacket Potato with Cheese and Beans 	Ham or Cheese Sandwich*** 	Cornflake Tart with Custard 
	Fri	Battered Fish with Tartare or Curry Sauce 	Cheese Toasty*** 	Chips	Baked Beans or Peas	Ham and Cheese Toasty*** 	Ham or Cheese Sandwich*** 	Ring Doughnuts **&***&**** 
W3 20th November 11th December 15th January 5th Februaury	Mon	Chicken Burger *** 	Quorn Burger *** 	Potato Wedges	Peas and Carrots	Macaroni Cheese 	Ham or Cheese Sandwich*** 	Sponge with Raspberry Icing 
	Tue	Beef Bolognese 	Quorn Bolognese 	Pasta and Garlic Bread **&*** 	Peas and Sweetcorn	Chicken Burritos *** 	Ham or Cheese Sandwich*** 	Lemon Drizzle with Custard 
	Wed	Toad in the Hole 	Quorn Toad in the Hole 	Roast Potatoes	Broccoli and Cauliflower	Pasta with Tomato Sauce with or without Cheese 	Ham or Cheese Sandwich*** 	Jam Sponge and Custard 
	Thu	Macaroni Cheese 	Pasta with Tomato Sauce with or without Cheese 	Garlic Bread **&*** 	Carrots and Sweetcorn	Jacket Potato with Spaghetti Hoops and Cheese 	Ham or Cheese Sandwich*** 	Greek Yoghurt with Strawberry and Meringue 
	Fri	Fish Fingers with Tartare or Curry Sauce 	French Cheese Toasty***&**** 	Chips	Baked Beans or Peas	French Ham and Cheese Toasty ***&**** 	Ham or Cheese Sandwich*** 	Jelly - vegetarian option available

Did you know, here at Mickleover we have **Home Baked Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of 5% **organic produce!**

Oh and all of the tasty fish has been caught sustainably and approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation

Don't forget about our **Themed Menu**

17th November

Children in Need

12th December

Christmas Dinner

13th February

Pacake Day